

Marsden Club

NEWSLETTER

2017



On Friday 17 March 2017, a concert will be held at St Ninian's Uniting Church at 7pm, 208 Karori Rd. Admission is by donation. The funds collected will be donated to the Marsden Club, towards new blinds

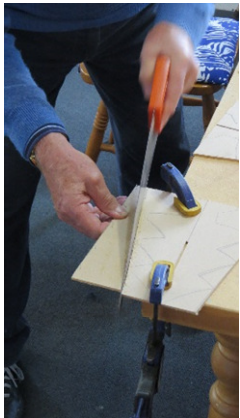


In the last few weeks we have had multiple issues with our member's jackets and coats left behind as they are not labelled. Please help us by labelling our members belongings. Thank you

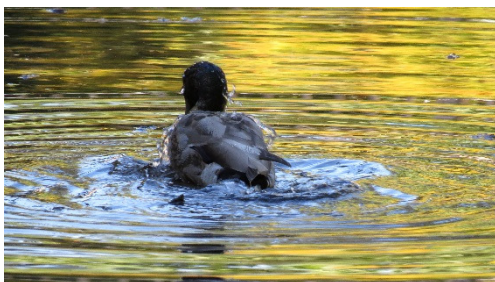
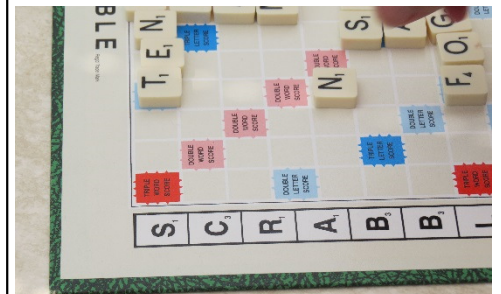


In February Chelsea Club's Members visited us. We had a good game together and a nice afternoon tea. Everybody was pleased about the activity and opportunity to mingle with the other Club's members.

These exercises and activities stimulate brain function, and memory. What objects are on the tray? Remembering after covering the objects on the tray is a challenging task. Continuing the patterns on the lines is a very good focus and co-ordination exercise. Scrabble Word Finder helps to keep communication and reading skills alive. You can play these at home as well.



I took this photos during a wood work session. This is not a mistake! Sometimes the ladies are happy to join in this activity.



The outdoor activities were limited in February because of rainy and windy weather. We took every opportunity to organise outings to the Botanical Gardens, Wilton Bush, Oriental Bay and other Wellington Bays. We also visited Makara Beach and local farmlands. Enjoy the sun and fresh air when you can, and don't forget to drink water to prevent dehydration.

We love to be here

Warm Regards from the Marsden Club

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