

Marsden Club

NEWSLETTER

2015

November



The Marsden Club Christmas Lunch will be on Thursday 26th November at The Pines in Houghton Bay at 11.45 am. If you need transport please let us know. We have organised a band for dancing and singing. We will also have a collection of prizes to win, so **if you are interested in buying raffle tickets please bring some cash with you.**



In the last few weeks we have had multiple issues with our member's jackets and coats getting mixed up as they are either not labelled, or the labels are hard to read. Please help us by labelling our members belongings. Thank you.



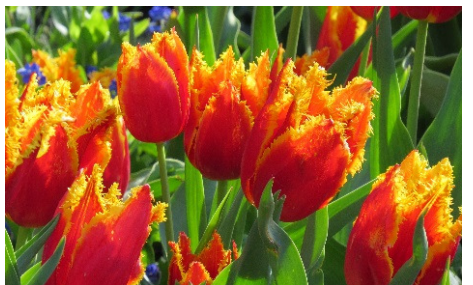
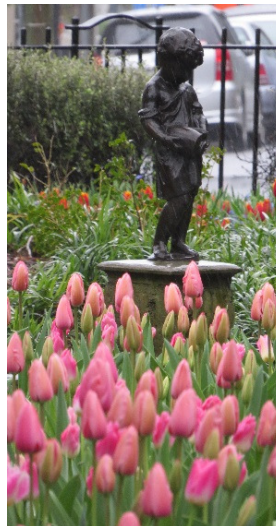
In October our Community Bus trip was to Pataka Museum at Porirua. We are always following "What's on" at the museum which makes it a great outing. The other memorable outing was to visit the Cable Car Museum in Wellington.



We are taking our members regularly to the Makara farming area. The natural environment is very relaxing and the views are absolutely beautiful in spring time.



Our program is focusing on gaining a healthy mind and body. To achieve our goal we are doing mind and body exercises every day. Our members are taking it seriously and enjoying themselves.



Everybody's favourite outing is still the Botanical Gardens... Maybe you should check it out

Warm regards from the Marsden Club

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